Re-aligning the Focus on Health
14th to 17th December 2018
Gujarat University Convention and Exhibition Center
Ahmedabad, India

Organiser
Prime Sponsor
Govt of Gujarat

supported by
MINISTRY OF AYUSH
Government of India

WORLD
AYURVEDA
FOUNDATION
AN INITIATIVE OF VIGHNA BHARATI

8th
World
Ayurveda
Congress &
Arogya Expo

Re-aligning the Focus on Health
14th to 17th December 2018
Gujarat University Convention and Exhibition Center
Ahmedabad, India

Prime Sponsor

CCRAS
CCIM
pharmexcil

Madhavbaug
Multidisciplinary Cardiac Care Clinics & Hospitals
MESSAGE

April, 2018

I am happy to learn that the 8th World Ayurveda Congress (WAC) is slated to be held from 14th to 17th December, 2018 at Ahmedabad, Gujarat. WAC, organized by the World Ayurveda Foundation, has become an important fixture in the calendar of the Ayurveda sector, and the Ministry of AYUSH-Government of India has been happy to be associated with the same. I understand that the 8th WAC will see deliberations by experts on the theme, ‘Re-aligning the Focus on Health’.

Over 3000 delegates, including about 500 participants from over 40 countries, are expected to take part in the Congress, with several of them presenting their Ayurveda related work for the scrutiny of national and international scientists.

I am also told that through the associated exhibition and AROGYA Fair 2018, the general public and service providers/manufacturers will be brought closer to several Ayurvedic products and services. 

By far, WAC has been hailed as the biggest platform in the world to showcase Ayurveda—a platform that celebrates this ancient health science of India in all its grandeur.

I sincerely hope that the participants, globally renowned speakers, and other stakeholders will make this Congress the best ever in its history.

Minister of State (Independent Charge) for Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH)

MINISTRY OF STATE (INDEPENDENT CHARGE) FOR
AYURVEDA, YOGA & NATUROPATHY
UNANI, SIDHAA AND HOMEOPATHY (AYUSH)
GOVERNMENT OF INDIA

Vd. Rajesh Kotecha
Secretary, Ministry of AYUSH
Govt. of India

New Delhi,
Dated: 20th April, 2018
The World Ayurveda Congress, popularly known as WAC, is all set to make its eighth appearance, along with Arogya Expo. This time, in a new city, Ahmedabad, Gujarat, as has been the tradition since the beginning.

Why choose a new place for each of its edition? The strategy of moving from one place to another has paid rich dividends so far not only in terms of bringing this ancient health science of India back in the midst of people but also in lifting the sagging spirit of Ayurveda practitioners and other stakeholders up to a new level.

Notwithstanding the progress made thus far, we believe there is still a long way to go before Ayurveda becomes the first line of defence against all ailments, including as a preventive medicine among the citizens of this country. The same goes for taking this science to every nook and corner of this world.

Ahmedabad presents a new opportunity in that direction. An opportunity that everyone in the Ayurveda fraternity must lap it up. The debates and discussions on the various aspects of Ayurveda during the scientific sessions and the expo will make Ayurveda to take a few steps more in the forward direction. In that context, it is extremely important that we all come together in full strength and make it count with our presence and intellectual contributions.

On behalf of WAC, I make a strong appeal to the entire Ayurveda fraternity to make full use of this opportunity. I extend the invitation for participation to all our friends of Ayurveda located in different parts of the world too.

Looking forward to seeing you all in Ahmedabad during 14-17 December 2018!

With best wishes!

MESSAGE

Every two years, the admirers, practitioners, entrepreneurs, teachers and students of Ayurveda assemble around the month of December to participate in the World Ayurveda Congress (WAC) in the country. The representation is not just from different parts of India, but also from all over the world. The atmosphere has always been that of a festival ‘Celebrating Ayurveda’.

In December 2018, WAC will bring ‘Ayurveda’, the age-old science of health, in all its glory to the city of Ahmedabad, Gujarat. We shall celebrate Ayurveda with the people of Ahmedabad. Please mark your calendar: 14-17 December 2018. The focus theme of eighth WAC is ‘Re-aligning the Focus on Health’.

With all humility, I must state that World Ayurveda Foundation, an initiative of Vijnana Bharati (VIBHA) takes immense pride not just in organizing this event exclusively on the scientific aspects of Ayurveda, but in popularizing this holistic health science among the common masses. We thank the Ministry of AYUSH, Government of India, in supporting this event ever since its inception in 2002.

We warmly welcome you all to THE BIGGEST PLATFORM IN THE WORLD THAT CELEBRATES AYURVEDA. Look forward to meeting you all.

Invitation for Participation

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A world that is increasingly health conscious, and returning to its natural and ancient roots, completing the proverbial circle, spells good news for the world of Ayurveda.

A complete paradigm shift in our approach to the concept of wellness — moving away from what has till now been an area dominated by allopathy — has meant that people are now placing their trust and their lives into the hands of Ayurveda. With a growing awareness about Ayurveda, thanks to forums like the World Ayurveda Foundation, the suspicion and apprehension with which Ayurveda was treated in developing countries has made a turnaround, with people now seeking out knowledge and information on this well-rounded health system. A fear of things “synthetic” and “chemical” and with side effects is driving people to Ayurveda, seen as natural, without side effects, boosting immunity, and as improving quality of life.

The World Ayurveda Congress (WAC) is a platform established by World Ayurveda Foundation to propagate Ayurveda globally in its true sense. The first World Ayurveda Congress (WAC) was held in 2002 at Kochi as an outreach programme, to create greater awareness and opportunities in the practice, science, and trade of Ayurveda. The subsequent Congresses organised at Pune, Jaipur, Bangalore, Bhopal, Delhi & Kolkata not only helped in promoting Ayurveda within the country but also had a huge impact in propagating Ayurveda globally.

Previous themes at the Congress have included “Ayurveda and World Health”, “Globalisation of Ayurveda”, “Mainstreaming Ayurveda”, “Ayurveda for All”, “Enriching Public Health Through Ayurveda”, “Health Challenges and Ayurveda” and “Strengthening the Ayurveda Ecosystem”.

Health-conscious world seeks out Ayurveda

A global comeback

Ayurveda is making a comeback, at the global level. European countries like Germany have always held Ayurveda in high regard, and offer courses in the subject. In fact in German-speaking countries, Ayurveda has grown from being seen as a relaxing wellness therapy to a complimentary system of medicine.

Ayurveda-based Traditional Medicine Systems (TMS) are very much in practise in most of the SAARC countries including neighbouring Sri Lanka, Bangladesh, Nepal, and even in Japan. Australia and Switzerland have given Ayurveda recognition as a bonafide medical system, thereby allowing the setting up of Ayurveda clinics.

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<table>
<thead>
<tr>
<th>WAC edition</th>
<th>Title</th>
<th>Location</th>
<th>Organizers</th>
<th>Focal theme</th>
<th>Inaugurated by</th>
<th>Total attendance (foreign delegates)</th>
<th>Countries represented</th>
<th>Visitors to AROGYA Expo</th>
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<tr>
<td>2nd edition</td>
<td>6–12 November 2006</td>
<td>World Ayurveda Congress and AROGYA Expo</td>
<td>Pune, Maharashtra</td>
<td>University of Pune; AYUSH (Government of India); Vijnana Bharati</td>
<td>‘Globalization of Ayurveda’</td>
<td>2500 (200)</td>
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<td>3rd edition</td>
<td>16–21 December 2008</td>
<td>World Ayurveda Congress and AROGYA Expo</td>
<td>Jaipur, Rajasthan</td>
<td>AYUSH (Government of India); Vijnana Bharati; National Institute of Ayurveda</td>
<td>‘Mainstreaming Ayurveda’</td>
<td>2800 (222)</td>
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<td>4th edition</td>
<td>9–13 December 2010</td>
<td>World Ayurveda Congress and AROGYA Expo</td>
<td>Bengaluru, Karnataka</td>
<td>AYUSH (Government of India); Vijnana Bharati; AYUSH (Government of Karnataka)</td>
<td>‘Ayurveda for All’</td>
<td>4270 (254)</td>
<td>23</td>
<td>300,000</td>
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<tr>
<td>6th edition</td>
<td>6–9 November 2014</td>
<td>6th World Ayurveda Congress &amp; AROGYA Expo</td>
<td>Pragati Maidan, Delhi</td>
<td>Ministry of AYUSH, Govt. of India &amp; World Ayurveda Foundation</td>
<td>‘Health Challenges &amp; Ayurveda’</td>
<td>3453 (114)</td>
<td>33</td>
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<td>7th edition</td>
<td>1–4 December 2016</td>
<td>7th World Ayurveda Congress &amp; AROGYA Expo</td>
<td>Science City, Kolkata</td>
<td>Ministry of AYUSH, Govt. of India &amp; World Ayurveda Foundation</td>
<td>‘Strengthening the Ayurveda Eco System’</td>
<td>2606 (199)</td>
<td>18</td>
<td>200,000</td>
</tr>
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</table>

The 8th World Ayurveda Congress, with its focal theme ‘Re-aligning the Focus on Health’ is scheduled at Gujarat University Convention and Exhibition Center, Ahmedabad, India from 14th to 17th December 2018.

This opens yet another window to a healthier future!
8th WAC aims to redefine “healthcare” as the basis for health of individuals and populations. This is tangentially different from the current status it enjoys “as the tool for disease management”. The 8th WAC aims to put Ayurveda at the forefront of healthcare from this perspective, making use of its core values and principles of health preservation and promotion.

At present, majority of the factors that keep individuals and populations healthy lies outside of what is now considered the core of healthcare. Even those that lies within its ambit mostly deals with sanitation, education, nutrition, and vaccination. These factors are majorly dependent upon others, such as infrastructure, skilled human resources, environment, water, economy, and political situations etc., none of which have any direct link to healthcare or knowledge of medicine, to be available in a community.

By mooting the “Ayushman Bharat” scheme government of India has for the first time opened a new opportunity for Ayurveda. It has taken on itself the responsibility of keeping 100 million under-privileged citizens of India, healthy. This cannot be done, with the limited resources that we use as a nation, and follow the current healthcare model of disease based interventions. USA spent USD 4.7 trillion in 2017 to manage the healthcare of its citizens. You only need to read the daily news from US, where even the most positive of reports give a grim picture of its healthcare sector. Thus even economies with several times the resources that India has and much less requirements are not able to achieve their healthcare targets in the current model.

By renaming all the PHCs as Wellness centres, the Government of India has shown its readiness to change this perspective. Major National Policy documents such as the National Health Policy 2017 and the short-term, mid-term and long-term strategic goals as envisaged by NITI Ayog, strongly advocates for reliance on AYUSH sector with appropriate integration into mainstream healthcare system, for achieving the national healthcare goals.

Ayurveda has the potential and necessary knowledge base to support this requirement and share the responsibility. It can define health and identify strata of states of health, which are inexorable in the fall from health to disease. It allows us to define complex diseases with ease, based on the three doshas and the pattern it draws of the individual or the population. It offers clearly defined states for health of different population, which can vary from new-born to the geriatric. It offers with clarity the deterioration of health in NCDs with specific interventions for each. It identifies vulnerable populations with reference to morbidity, age, gender, or reproductive health. It also offers nutrition, possible rehabilitation, options for palliative care, and practical guidelines for mental health, suitable to each of these populations. Above all it provides a purpose of life and encourages one to have a purposeful life.

Nevertheless, these potentials need strategic policies and well laid plans and thorough execution for fulfil its possibilities. We need a roadmap for this. And before that we need to create a map of the reality, which shall lead us to the road map. Mapping out the current resources and drawing out the possible paths of enquiry to achieve this dream, is the goal of this Congress.

Thus the 8th WAC shall initiate a new quest in the realm of health preservation, which will support the bold steps taken by the Government of India and also the Universal Health Coverage program of the World Health Organisation thus assuring sectorial equity and responsibility in healthcare for Ayurveda.

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• It will strategize for initiating policy dialogues for appropriate integration of Ayurveda in the current Health systems, which will support to leverage its immense potential benefits.
• It shall generate questions and seek answers for evidence based utilization of Ayurveda to support unmet needs specific to populations and societies.
• It shall initiate deep inquiries, seeking to find the reasons and ways by which Ayurveda achieves preservation of health.

These questions which shall be churned out in this Congress shall lead to a global movement, seeking their answers. This could put Ayurveda at the top of the map, as the choice, in all health seeking societies.

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FOCAL THEME

RE-ALIGNING THE FOCUS ON HEALTH

Unlike the previous Congresses, delegate registration for this Congress has been made ‘by invite’ to have delegates who are sincerely serious about Ayurveda.
ASSOCIATED EVENTS/WORKSHOPS

8TH WORLD AYURVEDA CONGRESS... AT A GLANCE
14th to 17th December 2018
Gujarat University Convention and Exhibition Center
Ahmedabad, India

Theme Invited Lectures
Dravyaguna Vigyan by Dr. Bhupesh Patel, IPGTRA, Jamnagar
Rasa Shastra & Bhaisajya Kalpana by Dr. Galib, AIIA, New Delhi
Prasuth & Stri Roga by Dr. Jasmine Ritesh Gujarathi, G.J. Patel Ayurveda College, VVN
Kaumarbhritya – Bala Roga by Dr. Rajagopala S, AIIA, New Delhi
Swasthavritta & Yoga by Dr. Satyanarayan Dornala, New Delhi
Kayachikitsa by Dr. Foram Joshi, J.S. Ayurveda Mahavidhyalay

8TH WORLD AYURVEDA CONGRESS invites research papers from the best of brains across the world, covering 14 themes.

CALL FOR PAPERS
8th World Ayurveda Congress - Themes for Abstract Submission

Theme and Coordinators
Dravyaguna Vigyan by Dr. Bhupesh Patel, IPGTRA, Jamnagar
Rasa Shastra & Bhaisajya Kalpana by Dr. Galib, AIIA, New Delhi
Prasuth & Stri Roga by Dr. Jasmine Ritesh Gujarathi, G.J. Patel Ayurveda College, VVN
Kaumarbhritya – Bala Roga by Dr. Rajagopala S, AIIA, New Delhi
Swasthavritta & Yoga by Dr. Satyanarayan Dornala, New Delhi
Kayachikitsa by Dr. Foram Joshi, J.S. Ayurveda Mahavidhyalay

Date 14th Dec 15th Dec 15th Dec 16th Dec 16th Dec 17th Dec 17th Dec
Time 12:00 - 13:00 9:30 - 12:00 12:00 - 13:00 9:30 - 11:00 11:15 - 13:00 9:30 - 11:30 12:00 - 13:00

PLENARY SESSIONS

The 8th World Ayurveda Congress invites research papers from the best of brains across the world, covering 14 themes.

CALL FOR PAPERS
8th World Ayurveda Congress - Themes for Abstract Submission

Share your research findings in Ayurveda before a global audience. Submit scientific abstracts/papers online at www.ayurworld.org

Selected abstracts will be published in the PubMed indexed official journal of World Ayurveda Foundation, J-AIM

Please logon to www.ayurworld.org for abstract submission
All oral presentations will get 8 minutes followed by 2 minutes of discussion via a moderator. Outstanding submissions may be chosen for longer presentations.

Submissions should be structured under the headings – Purpose, Methods, Results & Conclusion. This is applicable to all abstracts whether it is basic or clinical research including literary research works. Research is a process of asking a question and finding an answer by using a methodology to obtain findings.

During the Congress, space will be available for poster exhibition. Posters are graphic presentations of a scientific paper. The guidelines for oral abstracts are also applicable to the poster abstracts. During July 2018, a template for the poster will be made available at www.ayurworld.org. The poster should then be submitted as a PDF file to papers@ayurworld.org no later than 10 October 2018.

All selected abstracts of both oral presentations and posters of authors who have registered will be published in the Abstract book of the 8th World Ayurveda Congress. They will also additionally appear in the official journal of World Ayurveda Foundation, Journal of Ayurveda and Integrative Medicine (J-AIM).
SNAPSHOTS OF WORLD AYURVEDA CONGRESSES....
INAUGURAL FUNCTIONS

1st Ayurveda Congress, 2002 - Kochi
Theme: 'Ayurveda & World Health'

2nd Ayurveda Congress & Arogya Expo, 2006 - Pune
Theme: 'Globalization of Ayurveda'

3rd Ayurveda Congress & Arogya Expo, 2008 - Jaipur
Theme: 'Mainstreaming Ayurveda'

4th Ayurveda Congress & Arogya Expo, 2010 - Bengaluru
Theme: 'Ayurveda for All'

5th Ayurveda Congress, 2012 - Bhopal
Theme: 'Enriching Public Health Through Ayurveda'

6th World Ayurveda Congress & Arogya Expo 2014, Delhi
Theme: 'Health Challenges and Ayurveda'

7th Ayurveda Congress, 2016 - Kolkata
Theme: 'Strengthening the Ayurveda Eco Systems'

Shri Narendra Modi
Hon'ble Prime Minister of India delivering the valedictory address at the 6th World Ayurveda Congress & Arogya Expo 2014, Delhi.
Fee Structure for Congress

**Delegate fees on or before 30th August 2018**

**Fee structure for Workshops (Associated Events)**

- **All late registrations**
  - Spot Registration: $300

- **3. Authors of selected abstracts will be eligible for 50% concession in the delegate fee booked online separately at ayurworld.org through service providers at negotiated rates.**

- **2. All delegate registrations are without accommodation. Accommodation can be arranged at negotiated rates.**

Note:

**Delegate Fee ($)**

<table>
<thead>
<tr>
<th>Category</th>
<th>Delegate Fee</th>
<th>Notes</th>
</tr>
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<tbody>
<tr>
<td>All late Registrations</td>
<td></td>
<td></td>
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<tr>
<td>Per Day Registration</td>
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<td>Others</td>
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**Workshop Fee ($)**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Date</th>
<th>Workshop Fee</th>
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<tbody>
<tr>
<td>Teaching Methodology Workshop</td>
<td>14-15 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>Research Methodology Workshop</td>
<td>14-15 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>US Students Orientation – Charak Upanishad</td>
<td>15-16 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>Practitioners Capacity Building Workshop</td>
<td>16 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>International/Conclave on Ethno Medicines</td>
<td>16 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>and Traditional Health Practices</td>
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<tr>
<td>Workshop on Nutrition &amp; Dietetics</td>
<td>16-17 Dec</td>
<td>$1000 3000</td>
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<tr>
<td>Indian Delegates</td>
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<tr>
<td>Others</td>
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</tbody>
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**Accommodation Support:** accommodation@ayurworld.org

**Workshops:** workshops@ayurworld.org

**AROGYA Expo:** arogya@ayurworld.org

**General Information/enquiry:**

**Dates to remember**

- **Poster submission:** 30 Aug 2018
- **Submission of abstracts:** 10 Aug 2018
- **Full paper and ppt file submission:**
  - Dates to remember:
    - 30 Aug 2018
    - 10 Oct 2018

**Important email IDs to remember**

- General Information/enquiry: info@ayurworld.org
- Workshops: workshops@ayurworld.org
- Accommodation Support: accommodation@ayurworld.org

**Consult the following links for updates.**

- Visit www.ayurworld.org

**For Delegate Registration details please logon to www.ayurworld.org**
MINISTRY OF AYUSH, GOVT OF INDIA

Created in 1995 as the Department of Indian Systems of Medicine and Homoeopathy, it was renamed as Department of AYUSH (Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy) in November 2003. The department has become a full-fledged Ministry in November 2014. The Ministry focuses on upgrading AYUSH educational standards, implementing quality control and drug standardization, improving the availability of medicinal plant material, aiding research and development and generating awareness about the efficacy of the systems, within the country and overseas. Its declared objectives are as follows:

Upgrade the educational standards in the Indian systems of medicine and in homoeopathy colleges in the country.

Strengthen existing research institutions and ensure a time-bound research programme on identified diseases for which these systems have an effective treatment.

Draw up schemes for promotion, cultivation and regeneration of medicinal plants used in these systems.

Evolve pharmacopoeial standards for Indian systems of medicine and homoeopathic drugs.

Vijnana Bharati

Vijnana Bharati or VIBHA is a national movement dedicated to the integrated development of Bharat through the intervention of science, engineering and technology.

Launched in 1991 by a group of thinkers and scientists, VIBHA has, today, 29 active units and 6 overseas units. Eminent scientists, academicians, policy makers and social workers are the torch bearers of this movement.

VIBHA takes the spirit of ‘Swadeshi’ along with the ethos of our culture. It emphasizes that science and spirituality should go hand in hand. VIBHA works towards rural development, technology transfer, and social empowerment so as to bring the fruits of advancement of science and technology for the benefit of the society.

It has received two national awards for popularization of science and technology: one in 2006 from Dr Manmohan Singh, Hon’ble Prime Minister of India, and the other in 2007 from Mr Kapil Sibal, Hon’ble Minister for Science and Technology, Government of India.

VIBHA works towards national self-reliance and a developed India. Towards this mission, VIBHA adopts, adapts, and assimilates the best from everywhere and associates with the best of universities, R&D organizations and other movements.

WORLD AYURVEDA FOUNDATION

Founded in 2011, the World Ayurveda Foundation (WAF) is an initiative by Vijnana Bharati aimed at global propagation of Ayurveda. As part of a larger intellectual movement under the aegis of the Swadeshi Science Movement undertaken by Vijnana Bharati, WAF is a platform that would take Ayurveda to the world for all the benefits mankind can draw from traditional health sciences.

The objectives of WAF reflect global scope. Propagation and encouragement of all activities – scientific and Ayurveda-related – are the core principles. Support to research, healthcare programmes through camps, clinics and sanatoriums, documentation, organization of study groups, seminars, exhibitions and knowledge initiatives to popularize Ayurveda in the far corners of the world are the broad latitudes of focus at WAF. Ayurveda as a sector requires the kind of stewardship and voice that genuinely bring out the ethos of Ayurveda in matters that govern policy and planning with State and Central government administration in India and the world over. WAF is positioned to provide this much-needed leadership with its wide participation of various stakeholder groups.

The impact of WAF encompasses the areas of policy, action, public health, trade, practice, science and, above all, global outreach for the benefit of society and mankind.

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